

Infant Sleep Position Policies

Listed below are the sleep policies for infants under 12 months of age that are implemented at this day care:

- Infants under 12 months of age shall be placed on their backs on a firm tight-fitting mattress for sleep in crib.
- Waterbeds, sofas, soft mattresses, pillows, and other soft surfaces shall be prohibited as infant sleeping surfaces.
- All pillows, quilts, comforters, sheepskins, stuffed toys, and other soft products shall be removed from the crib.
- If a blanket is used, the infant shall be placed at the foot of the crib with a thin blanket tucked around the crib mattress, reaching only as far as the infant's chest.
- The infant's head shall remain uncovered during sleep.
- Unless the child has a note from a physician specifying otherwise, infants shall be placed in a supine (back) position from sleeping to lower the risks of Sudden Infant Death Syndrome (SIDS).
- When infants can easily turn over from the supine to the prone position, they shall be put down to sleep on their back, but allowed to adopt whatever position they prefer for sleep.
- Unless a doctor specifies the need for a positioning device that restricts movement within the child's crib, such as devices shall not be used.

It is agreed and understood that the terms and conditions of these policies are binding upon the parent(s) and provider. Failure to abide by the terms of these policies will be grounds for termination.

Mother's Signature _____ Date _____

Father's Signature _____ Date _____

Provider's Signature _____ Date _____